METHODOLOGY.

(A) Primary Data.

(1) Experiment is conducted with students in 3 different experimental groups who have been taught concentration exercise with music in the background and then their recall is tested with the help of a list of 15 words. The other group of students in the control group are not taught the concentration exercise and no music is played in the background. They are simply asked to recall the list of words.

(2) The Data of the research study was collected from 400 teenage students: grades X, XI and XII.

(B) Secondary Data.

The information about the importance of music in academics is gathered from experts in the field of music, with the help of a questionnaire.

(C) Tools Used.

(1) List of meaningful words for recall.

(2) Electronic Tanpura.

(3) Statistical Analyses- ANOVA Test.

(4) Introspective report to access improvement in concentration.

RESEARCH DESIGN.

It is a 3 experimental and 1 control group design. It has 4 groups:-

(1) In this experimental group, students are taught the concentration exercise with music being played in the background and then asked to learn and finally recall a list of words.

(2) In this experimental group, students are asked to first learn and then recall a list of words with music being played in the background.

(3) In this experimental group, students are taught the concentration exercise, then asked to learn a list of words and finally recall the list. No music is played in the background.

(4) In the control group, students are not taught any concentration exercise. No music is played in the background. Students are simply asked to learn and then recall a list of words.
VARIABLES.

(A) Independent Variables.

(1) Music is one independent variable.

(2) Concentration is the other independent variable.

(B) Dependent Variables.

Academic performance is the dependent variable in the study.

(C) Control Variable.

This study is conducted only on teenage students: grades IX, X, XI and XII.